



## **Christmas pressures!**

Christmas is fast approaching and whilst this is an exciting time for some, the pressures of making sure your children have everything that they want can be a little overwhelming.

For families who are on a low income and are struggling with these pressures I want to let you know that there is help out there.

If you are on a low income and are struggling with the pressure of making Christmas the perfect time for your children please come and see me. I am available in school every day.

Unfortunately there is a limited amount of time for us to apply for this support so don't leave it too late.

Please don't struggle in silence!