

What's on in West Cluster Children's Centre...



Mon

Well Baby Clinic
9:30 - 11:30am
Drop in Clinic
Walkden Gateway

Childminders Support Group
9:30 - 11:30am
Little Hulton CC

Baby Massage
1:00 - 1.30pm
St Pauls Church Hall Walkden

Baby Social
Feeding and Play
1:30 - 2.30pm
St Pauls Church Hall Walkden

First Foods
1:30- 2:30pm
1st Monday of each month
St Paul's Church

Tue

Early Years Swimming
9:15 - 10:15am
Drop in £2 per adult
Delivered by **Fit City Worsley**

Stay and Play
9:30 - 10:30am
Little Hulton CC 0-5years

First Steps Stay and Play
For children with additional needs or disabilities
1:00 - 2:00pm Term time only
Little Hulton CC
Invite only speak to your Children Centre team



five to thrive
The things you do every day that help your child's growing brain

Wed

Well Baby Clinic
1:00 - 3:00pm
Drop in Clinic
Little Hulton CC

Baby Incredible years
Sessions about getting to know your baby & what to expect as they grow.
Little Hulton CC
Booking Essential
10am—12pm

Solihull Antenatal Course
Bump to Baby
5 sessions
4.30-6pm
Labour and Birth
Feeding your baby
Getting it right for you and your baby.
PLEASE PHONE 0161 686 7235

Thurs

Talking Tots
9.30 - 11:00am
Play based strategies for you to help your child
Communicate
Invite Only

BABY MASSAGE
10-10.30am
Little Hulton CC.

Baby Social
Feeding and Play session
10.30-11.30
Little Hulton CC

Baby Incredible years
Sessions about getting to know your baby & what to expect as they grow
12.30-2.30
Please speak to a member of the children's centre team

Stay and Play
1:00 - 2.00pm
Little Hulton CC
0-5 years

Breastfeeding Specialist Support
1:00 - 2:30pm
Little Hulton CC
Appointment Only
Please call 01204 390423

Fri

Young Active Parents Group (YAPS)
Little Hulton CC
12-2pm
Parents under 20 years of age **FREE CRECHE**
Ran by Salford Crèches

Donations
PLEASE NOTE: WE ASK FOR A DONATION OF £1 PER FAMILY FOR ALL OF OUR SESSIONS. THIS ENABLES US TO PROVIDE RESOURCES



Giving children the best start in life IN Salford

Please contact the children's centre team to find out about the courses

What else is happening...

Solihull Antenatal Course

Bump to Baby

5 sessions

4.30-6pm

Labour and Birth

Feeding your baby

Getting it right for you and your baby.

Please phone the 0161 604 7660 to book your place.

Please call 0161 686 7235



© Solihull Approach

We run Millie's Trust Family First Aid Courses at the Centre please look on their website for details of the next course.
www.milliestrust.com/first-aid-courses



Children's Centre Opening Times:

Monday: 9am-4:30pm

Tuesday: 9am-4:30pm

Wednesday: 9am-4:30pm

Thursday: 9am-4:30pm

Friday: 9am-1:00pm

Did you know that we run

Incredible Years

Parenting Courses?

Are you struggling with your child's behaviour or would you like to learn more about your child's overall development and how you can support them.

Toddler incredible years 12months to 3 years

Basic incredible years 3 years to 7 years

REAL Project

(Raising Early Achievement in Literacy)

Would you and your child like to take part in an award winning programme which supports early literacy and development.

The programme is fun, interactive, comprises of two home visits and three exciting events.

We support you to build your knowledge and confidence so you can help your child/children with reading and writing and give you ideas to try at home.

Aimed at children aged 18 months+

For more information please speak to one of our project leads at the Children's Centre.

Venues in the Community

St Pauls Youth & Community Hall, Manchester Road,
Walkden M28 3LN

Fit City Worsley Pool, Bridgewater Road,
Walkden M28 3AB
0161 790 2084

Please call Little Hulton Children's Centre for any further information on 0161 604 7660 or just drop in.
Little Hulton Children's Centre is
located on Longshaw Drive, Little Hulton M28 0BD

These groups are open to children under 5 years old . **During school holiday times children up to 8 are welcome to access some group sessions , please enquire at reception.**

