

Long Term Plan Coverage PSHE: 2021-2022

Sex and relationship education

Drug, alcohol and tobacco education

Keeping safe and managing risk

Mental health and emotional wellbeing

Physical health and wellbeing

Careers, financial capability and economic wellbeing

Identity, society and equality

2021-2022	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Strand/ Focus	Mental Health and Emotional Wellbeing  *Covid 'Recovery' Sessions	Identity, society and equality	Keeping Safe and managing risk	Drug, alcohol and tobacco education	Physical Health and wellbeing	Careers, financial capability and economic wellbeing
YEAR 1	Feelings	Me and others	Feeling Safe	What do we put into our bodies?	Fun Times	My money
YEAR 2	Friendships	Me and others  (Use Y1/Y3 unit as needed)	Indoors and outdoors	Medicines and Me	What keeps me healthy	Sex and relationship Education
YEAR 3	Strengths and Challenges	Celebrating difference	Bullying-See it, say it, stop it!	Tobacco is a drug	What helps me choose?	Saving, spending and budgeting
YEAR 4	Strengths and Challenges (Use Y3/Y5 unit as needed)	Democracy	Playing Safe	Making Choices	What is important to me?	Borrowing and earning money **
YEAR 5	Dealing with feelings	Stereotypes, discrimination and prejudices (inc homophobia)	When things go wrong	Different influences	In the media	Sex and relationship Education**
YEAR 6	Healthy Minds	Human rights	Keeping safe out and about + FGM	Weighing up risk	Sex and relationship Education	Sex and relationship Education



**N.B.** The red flag symbol, on the whole school curriculum overview and year group curriculum overviews, demarcates PSHE topics and lessons that directly relate to safeguarding pupils