

They shall grow not old, as we that are left grow old: Age shall not weary them, nor the years condemn. We will remember them.

NORTH WALKDEN PRIMARY NEWSLETTER

10th November 2023

Headteacher's Weekly Awards - WELL DONE TO OUR STARS OF THE WEEK

All the children get a special mention in the Achievement assembly on Friday and will bring home a certificate detailing the reason for their award.

| Nursery | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|------------|----------------|------------|-----------------|----------------|-------------|-------------|-------------|
| Leah Wyatt | Blaine Matilda | Dara Jamie | Mohammad Shania | Daniela Alexis | Victor Zack | Jacob Laura | Mya Layla D |

It has been another busy week in school with Flu vaccinations, hearing tests, road safety workshops, boys to men workshops along with the general day to day lessons and fun! The weeks are flying by and they are becoming busier and busier as we draw closer to Christmas. All of the Christmas plans are underway so be sure to request your seats at the various shows so you don't miss out! The activities that we are asking for a nominal contribution to cover costs are listed below, these payments can be made on The Evolve Hub. Attached is the poster for our Supper with Santa event with further information regarding this. Your contribution will be taken as your consent for your child to stay after school.

| DATE | ACTIVITY | TIME | CLASS | CONTRIBUTION |
|-------------------------------------|--------------------------------------------------------------------------------------|-------------|----------------------|-----------------------------------------|
| FRIDAY 24 TH NOVEMBER | LUXURY CHRISTMAS HAMPER ITEM IN EXCHANGE FOR EXTRA PLAY | | ALL CLASSES | ITEM DONATION |
| MONDAY 27 TH NOVEMBER | HAMPER RAFFLE TICKETS TO GO ON SALE | 12.00 | ALL CLASSES | £1 PER TICKET £5 FOR 6 £10 FOR 12 |
| MONDAY 4 TH DECEMBER | SUPPER WITH SANTA KEY STAGE 1 | 3.15 - 4.00 | KEY STAGE 1 CHILDREN | £2.50 |
| FRIDAY 8 TH DECEMBER | CHRISTMAS DINNER DAY - ALL CHILDREN ARE WELCOME TO ORDER ON THE EVOLVE HUB | 11-1.30 | ALL CLASSES | ORDER ON EVOLVE HUB |
| TUESDAY 12 TH DECEMBER | KEY STAGE 2 MOVIE AFTERNOON – CHILDREN CAN BRING A BLANKET AND A PILLOW TO GET COMFY | 1-3.00 | KEY STAGE 2 | £2.00 |
| WEDNESDAY 13 TH DECEMBER | KEY STAGE 1 PARTY AFTERNOON (PARTY CLOTHES ALL DAY) | 1.30- 3.00 | KEY STAGE 1 | £2.00 |
| WEDNESDAY 13 TH DECEMBER | KEY STAGE 2 OPERA HOUSE TRIP- JACK AND THE BEANSTALK | 12-4.00 | KEY STAGE 2 | £20 |
| THURSDAY 14 TH DECEMBER | EYFS CHRISTMAS PARTY AFTERNOON (PARTY CLOTHES ALL DAY) | 1-3.00 | EYFS | £2.00 |

Attendance Challenge: This week it was attendance challenge week. Every child that was able to attend every day achieving 100% attendance was entered into a raffle for a £5 book voucher for the school book fair next week. 170 children were part of the 100% attendance club this week!! All of the children have been congratulated and the winners of the book vouchers were drawn at this morning's achievement assembly. They were..... Evie-Leigh, Zach, Bobby, Rocco and Theo who have all been given a £5 voucher to spend at the book fair next week. Well done to everyone for achieving 100%.



As you know the more time a child is absent from school the more lessons they miss which makes it harder for them to understand subsequent lessons and they have to catch up with the rest of the class. We understand that children can become ill sometimes and this can be unavoidable. As parents you can reduce the impact of absence by making sure that appointments are not during term time or outside of schools hours where possible, supporting your child to attend school and build resilience when they might be feeling a little under the weather and not taking holidays in term time. Thank you for your support

| | Threshold attendance | Actual attendance | Days absent | Learning hours lost |
|-------------------|----------------------|-------------------|-------------|---------------------|
| Outstanding | 100% | 190 days | 0 | 0 |
| | 99% | 188 days | 2 | 10 |
| Good | 98% | 186 days | 4 | 20 |
| | 97% | 184 days | 6 | 30 |
| | 96% | 182.5 days | 7.5 | 37.5 |
| Cause for concern | 95% | 180.5 days | 9.5 | 47.5 |
| | 94% | 179 days | 11 | 55 |
| | 93% | 177 days | 13 | 65 |
| | 92% | 175 days | 15 | 75 |
| | 91% | 173 days | 17 | 85 |
| Serious Concern | 90% | 171 days | 19 | 95 |
| | 89% | 169 days | 21 | 105 |
| | 88% | 167 days | 23 | 115 |
| | 87% | 165 days | 25 | 125 |
| Critical | 86% | 163 days | 27 | 135 |
| | 85% | 161.5 days | 28.5 | 142.5 |
| | 84% | 159.5 days | 30.5 | 152.5 |
| | 83% | 158 days | 32 | 160 |
| | 82% | 156 days | 34 | 170 |
| | 81% | 154 days | 36 | 180 |
| | 80% | 152 days | 38 | 190 |

Attendance Matters



COMMUNITY Little Hulton Christmas Toy Appeal 2023

If you are struggling & need help with Christmas presents this year please get in touch with us at school. You can do this via the office, telephone call or email or you can speak to your child's class teacher.

Referrals will be made at the beginning of December all we need is your child's age and if they are a girl or boy.

We will contact you to collect the Christmas gifts from school before the 15th December 2023.



School Photographs: Don't forget to order your photographs – there are some brilliant value for money packs that could be used as Christmas gifts or simply a memento for yourself. You simply scan the QR code on the slip your child brought home which will take you to the website to order. If you don't have this we can print off another copy for you. Parents have until **1st December** to place their orders and qualify for free delivery to school, the photos will be delivered one week later so in plenty of time for Christmas!

Place2Be Pupil Survey: To help Place2Be understand the impact they have on supporting our pupils they will be asked to complete a survey in school between Monday 30th October and Friday 24th November. Attached is further information in regards to this and what the information is used for.

Online Safety: We have some helpful advice below about Among Us and we will share different supportive advice each week in the newsletter.

Social media has its benefits for connecting with friends, sharing experiences and widening their understanding of broader issues beyond their local community. The challenge with connecting and sharing experiences via social media is that these shared experiences are often via images. Wanting to fit in and caring about their physical appearance is a perfectly normal part of adolescence. However, with the easy access of image changing software and filters, this physical appearance is often not the reality, further increasing the pressure for young people to gain or portray unreal perceptions.



What parents need to know about SOCIAL PRESSURES LINKED TO 'APPEARANCE'



ONLINE APPEARANCE AND MENTAL HEALTH

The opportunity to change physical appearance through social media apps is creating a high level of perfectionism for children to portray themselves faultless and compare themselves to images which are sometimes unreal. This can lead to anxiety, depression and poor self-image and an overall sense of never feeling good enough. Having poor self-image can affect the way that your child interacts with others and how we care for ourselves.

AIRBRUSHING

Refers to the retouching done to an image that changes the reality of the photo. It may include removing people, objects, altering body shapes or erasing blemishes like acne or scars. The digital technology to enable airbrushing is now widely and easily available for desktop computers and social media apps. It is sometimes known as 'Photoshop'.



FILTERS

Filters applied to manipulate a photograph are another way of creating a delusion of what is real. Software within social media apps reconfigure your face and skin to look more aesthetically pleasing. As innocent and fun as these filters may seem, they are sending a message that we are more attractive when our features are modified.

APPS WHICH CHANGE APPEARANCE

These relate to free downloadable apps or options within social media apps which create a fun and easy way to alter your appearance. They are designed to be fun and can become addictive because once an altered image is used, it is very difficult to revert back to an unaltered version of themselves.

MULTIPLE PHOTOS FOR THE PERFECT IMAGE

Taking multiple shots to capture the perfect image to put onto social media is another way of disguising reality. Creating an image which receives approval from peers through multiple comments and likes exacerbates the desire for a perfect picture and the approval for continuing to achieve the perfect image.



Safety Tips For Parents

QUESTIONS TO CONSIDER BEFORE TALKING TO YOUR CHILD

- Do most of their social media photos have a filter/image changing app on them?
- Do they often talk about wanting to gain comments and 'likes'?
- How often do they talk about their physical image in a negative way?
- Are they excessively anxious about their physical appearance, to the point it impacts on their every day life?

If you have answered yes to most of these questions, then it would be a good idea to have a discussion about their use of image altering app's.

DON'T GO COLD TURKEY

Talk with your child about taking one unfiltered image of themselves and sharing it with family first and then posting on social media. Perhaps ask other members of the family to send or post on social media unaltered pictures of themselves.

BE COMPLIMENTARY

Whilst improving body image starts with the child's image of themselves, complimenting them daily on their personality and qualities will provide external, positive encouragement about themselves, away from just their physical appearance.

DAILY APPRECIATION

When we have the sense that we are not good enough, we can feel like we are always falling short. You and your child together might want to create a gratitude journal, board with post-it's or wipe board where you write down things that you are grateful for or appreciate. This could range from the weather to a kind deed or to a piece of work that went well.

CHANGE THE STORY

We all have a narrative or a story we've created about ourselves that shapes our core self-image. Sometimes automatic negative thoughts like 'you're fat' or 'you're ugly' can be repeated in your mind so often that you start to believe they are true. These thoughts are learned, which means they can be unlearned. You can start with helping your child reframe the story into a more positive assertion or story. This will link to complementing and daily appreciation.

WHEN TO GET HELP

If your child becomes overly dependant, withdrawn or there is a change in behaviour over a prolonged period of time, they may need some professional support to help them.

<https://www.bacp.co.uk/search/Therapists>
<https://www.themix.org.uk/> is good organisation as a source of support if your child wants to reach out for support themselves

Meet our expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.





Well done to YEAR 1 who arrived on time every day this week.

Children should be in school by 8.45am if you arrive after this time you are late!



Well done to Year 1 and Year 3, who all achieved their target of above 96%, for last week – FANTASTIC – LETS KEEP IT UP!

Punctuality and Attendance

Please remember school starts at **8:45am** – Doors will be open from 8.35am. Children arriving after 8.55am must enter through the school office and be signed in.

Last week's attendance – Our School target and individual pupil target is 96%

| | Nursery | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 | Whole School |
|------------------------|---------|-----------|-----------|--------|-------------|--------|--------|--------|--------------|
| Class attendance award | 90.4 | 94.8 | 98 | 94.3 | 96.9 | 92.1 | 95 | 93 | 93.61 |
| Late arrivals | 1 | 2 | 0 | 9 | 4 | 2 | 6 | 4 | 28 |

School communication: Please ensure you are logged into your school spider app so that you receive all the important messages we send out. If you need to download the app again, its 'School Spider' and then you can simply go to the log in page and click forgot password to reset your log in details.

Contacting School: If you wish to contact school then you can email us on NorthWalkdenPrimary.PupilContact@salford.gov.uk and we will respond the same day or call 0161 921 2921.

DIARY DATES: Whilst we aim not to change dates once set sometimes circumstances mean we have to, please always check the dates each week and update your plans accordingly. Any changes will be highlighted.

| DATE | ACTIVITY/EVENT | TIME | CLASS |
|------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|---------------|---------------------------------|
| MONDAY 6 TH NOVEMBER | ATTENDANCE CHALLENGE – CAN YOU ACHIVE 100% ATTENDANCE THIS WEEK AND WIN A £5 BOOK VOUCHER FOR THE BOOK FAIR! | | ALL |
| MONDAY 6 TH NOVEMBER | FLU VACCINATIONS R-YEAR 6 | 9-3.00 | ANY CHILD WITH PARENTAL CONSENT |
| MONDAY 6 TH NOVEMBER | KEY STAGE 2 ROAD SAFETY WORKSHOPS | 1.30PM-3.30PM | KEY STAGE 2 |
| THURSDAY 9 TH NOVEMBER | YEAR 3 LAST SWIM SESSION | 1-3 | YEAR 3 |
| THURSDAY 9 TH NOVEMBER | YEAR 1 HEARING TESTS | 9.30 – 11.30 | YEAR 1 |
| FRIDAY 10 TH NOVEMBER | 2 MINUTES SILENCE IN CLASS | 11AM | YEARS 2-6 |
| FRIDAY 10 TH NOVEMBER | LAST DAY TO ORDER CHRISTMAS DESIGN GIFTS | | ALL |
| MONDAY 13 TH – FRIDAY 17 TH NOVEMBER | BOOK FAIR – COME ALONG AND GRAB SOME CHRISTMAS PRESENTS OR A REWARD FOR A FANTASTIC REPORT AT PARENTS EVENING | 3.15 – 4PM | ALL WELCOME |
| MONDAY 13 TH NOVEMBER | SPORTSCOOL TASTER DAY – CHILDREN TO COME IN PE KITS ON THIS DAY – RESCHEDULED FROM FRIDAY 3RD | | YEAR 1 – YEAR 6 |
| MONDAY 13 TH NOVEMBER | PARENTS EVENING 1 PHONECALL OPTION | 3.25-5.15 | ALL CLASSES |
| WEDNESDAY 15 TH NOVEMBER | PARENTS EVENING 1 FACE TO FACE OPTION | 3.20-6.30 | EYFS TO YEAR 6 |

| | | | |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------------------------------|
| THURSDAY 16 TH NOVEMBER | YEAR 4 FIRST SWIMMING SESSION | 1.30-3.00 | YEAR 4 |
| TUESDAY 21 ST NOVEMBER | DENTAL PROGRAMME | 9-12 | RECEPTION & YEAR 1 |
| THURSDAY 23 RD NOVEMBER | PARENTS ONLINE SFAETY SESSION – please come along so we can help you to keep your child safe online – find out about the newest apps your child may be accessing! | 2pm – 3pm | ALL PARENTS WELCOME |
| FRIDAY 24 TH NOVEMBER | LUXURY CHRISTMAS HAMPER ITEM IN EXCHANGE FOR EXTRA PLAY | | ALL CLASSES |
| MONDAY 27 TH NOVEMBER | HAMPER RAFFLE TICKETS TO GO ON SALE | 12.00 | ALL CLASSES |
| THURSDAY 30 TH NOVEMBER | NURSERY STAY AND PLAY | 9-10.00 | NURSERY PARENTS |
| FRIDAY 1 ST DECEMBER | LAST DAY TO ORDER SCHOOL PHOTOGRAPHS | | ALL CLASSES |
| FRIDAY 1 ST DECEMBER | CHRISTMAS ACTIVITY DAY | 10.00-3.00 | ALL CLASSES |
| MONDAY 4 TH DECEMBER | EYFS NATIVITY DRESS REHEARSAL SHOW FOR SCHOOL | 10.00 | YEARS 1-6 TO WATCH |
| MONDAY 4 TH DECEMBER | SUPPER WITH SANTA KEY STAGE 1 | 3.15 -4.00 | KEY STAGE 1 CHILDREN |
| TUESDAY 5 TH DECEMBER | EYFS NATIVITY PLAY FOR PARENTS | 9.15 | EYFS PARENTS |
| TUESDAY 5 TH DECEMBER | KEY STAGE 1 CHRISTMAS SHOW FOR SCHOOL | 10.30 APPROX | YEARS R AND KEY STAGE 2 TO WATCH |
| WEDNESDAY 6 TH DECEMBER | EYFS NATIVITY PLAY FOR PARENTS | 9.15 | EYFS PARENTS |
| WEDNESDAY 6 TH DECEMBER | KEY STAGE 1 CHRISMAS SHOW FOR PARENTS | 2.15 | KEY STAGE 1 PARENTS |
| THURSDAY 7 TH DECEMBER | KEY STAGE 1 CHRISMAS SHOW FOR PARENTS | 9.15 | KEY STAGE 1 PARENTS |
| THURSDAY 7 TH DECEMBER | YEAR 3 CHRISTMAS CHURCH EXPERIENCE | 1.30PM | YEAR 3 CHILDREN |
| FRIDAY 8 TH DECEMBER | CHRISTMAS JUMPER DAY | ALL DAY | ALL CLASSES |
| FRIDAY 8 TH DECEMBER | CHRISTMAS DINNER DAY - ALL CHILDREN ARE WELCOME TO ORDER ON THE EVOLVE HUB | 11-1.30 | ALL CLASSES |
| MONDAY 11 TH DECEMBER | KEY STAGE 2 CHRISTMAS CONCERT FOR PARENTS - TWO SHOWINGS | 9.15 & 2.30 | KEY STAGE 2 PARENTS |
| TUESDAY 12 TH DECEMBER | KEY STAGE 2 MOVIE AFTERNOON | 1-3.00 | KEY STAGE 2 |
| WEDNESDAY 13 TH DECEMBER | KEY STAGE 2 OPERA HOUSE TRIP- JACK AND THE BEANSTALK | 12-4.00 | KEY STAGE 2 |
| WEDNESDAY 13 TH DECEMBER | KEY STAGE 1 PARTY AFTERNOON (PARTY CLOTHES ALL DAY) | 1.30-3.00 | KEY STAGE 1 |
| THURSDAY 14 TH DECEMBER | CHRISTMAS HAMPER TICKET WINNERS DRAW | | SCHOOL COUNCIL TO DRAW THE WINNERS |
| THURSDAY 14 TH DECEMBER | EYFS CHRISTAS PARTY AFTERNOON (PARTY CLOTHES ALL DAY) | 1-3.00 | EYFS |
| FRIDAY 15 TH DECEMBER | SCHOOL CLOSES | 2:00PM | WHOLE SCHOOL |

Kind regards, Mrs Warburton