Vegan Menu

Salad bar and who<mark>lemeal bread</mark> available daily



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Main meal	Vegan meatballs in a rich homemade tomato sauce served with pasta and freshly baked garlic bread	Crispy crumbed vegetable burger served with new potatoes and salad	Vegan sausage roll served with oven baked jacket wedges and sweetcorn	Violife cheese and tomato calzone served with freshly chopped garden salad (v)	Quorn vegan sausages served with homemade creamy mashed potatoes and baked beans
Dessert	Fresh fruit	Vegan sponge	Gingerbread person	Vegan chocolate sponge	Shortbread biscuit
Week 2 Main meal	Vegan meatballs in a rich homemade tomato sauce served with pasta and freshly baked garlic bread	Quorn vegan nuggets served with oven baked jacket wedges and baked beans	Quorn Vegan sausages, oven baked diced potatoes, garden peas and sweetcorn	Vegetable burger served with oven baked jacket wedges, salad and ketchup	Violife cheese and tomato pizza served with oven baked chunky chipped potatoes and baked beans (v)
Dessert	Fresh fruit	Abbey biscuit	Fresh fruit	Chocolate shortbread biscuit	Fruit jelly
Week 3 Main meal	Pasta Neapolitan served with garlic bread and a fresh garden salad (v)	Vegetable nuggets served with crispy hash browns and baked beans (pb)	Italian style Bolognese served with pasta and freshly baked garlic bread	Vegetable Biryani served with diced cucumber (v)	Quorn vegan sausages served with served with oven baked chunky chipped potatoes, garden peas and tomato ketchup
Dessert	Fresh fruit	Vegan iced sponge	Shortbread biscuit	Vanilla sponge	Homemade apple flapjack

A jacket potato served with violife cheese or baked beans

Choice of sandwich served with mixed salad and ½ piece of fruit

Salford City Council

www.citywideservices.co.uk